

University of Alabama Personal Training Registration

Name: _____ Date: _____ CWID: _____

Email: _____ Phone: _____

UREC Affiliation: Student Faculty/Staff Spouse/Partner Other

UREC Facility Membership (full-time students may skip this question):

Student Recreation Center/Witt Center at Presidential Village Aquatic Center

Primary facility you wish to meet with trainer (non-students must meet in membership facility):

Student Recreation Center Witt Center at Presidential Village Aquatic Center

Package Rates

Individual	Partner (Per Person)
<input type="radio"/> 4 Sessions: \$100	<input type="radio"/> 4 Sessions: \$140
<input type="radio"/> 8 Sessions: \$195	<input type="radio"/> 8 Sessions: \$264
<input type="radio"/> 12 Sessions: \$263	<input type="radio"/> 12 Sessions: \$360
<input type="radio"/> 16 Sessions: \$336	<input type="radio"/> 16 Sessions: \$464
<input type="radio"/> 24 Sessions: \$480	<input type="radio"/> 24 Sessions: \$672

Optional: Free Fitness Assessment

Trainer Preference:

Male Female No Preference

Specific Trainer Request: _____

*All efforts to accommodate requests will be made, but cannot be guaranteed. Assignments are based on client goals, fitness levels and schedules.

Availability:

Please indicate all days and time blocks you are most available to train:

*All efforts to accommodate requests will be made, but exact days/times cannot be guaranteed.

If training with a partner please indicate their name: _____

Office Use Only

Paid \$ _____ Cash ___ Check ___ BamaCash ___ Credit Card ___

Staff _____ Please verify that all paperwork has been completed. Invoice# _____ Emailed: _____